

A Positive Attitude

A "Positive Attitude" is feeling good about yourself, life, and others because you are able to keep a good outlook on life. An outlook is the way you see things in the future.

Having a good outlook on life doesn't mean that everything will go your way all the time, but rather that things will generally work out for you or be better than you expected. Because a positive attitude keeps everything in perspective, also. When you have a positive attitude, negative experiences become learning experiences.

When you have a positive attitude it means that even though you are imperfect, people are imperfect, and things are imperfect around you, you believe that everything will work out in the end.

You can focus on the good things that happen to you in life when you have a positive attitude because you believe that ultimately good things are meant to happen to you.

Remember- You may not be able to control what happens to you, but you can control your attitude.